



# DETERMINING SKIN TYPE

## GENETIC DISPOSITION

Score	0	1	2	3	4
Eye Color	Lt Blue, Grey, Green	Blues, Grey or Green	Blue	Dk. Brown	Brownish Black
Hair Color	Sandy Red	Blond	Chestnut/Dk Brown	Dk. Brown	Black
Skin Color (unexposed areas)	Reddish	Very Pale	Pale w/ Beige Tint	Lt. Brown	Dk. Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None

Total score for GENETIC DISPOSITION: \_\_\_\_\_

## REACTION TO SUN EXPOSURE

Score	0	1	2	3	4
Prolonged Sun Exposure	Painful redness, blistering, peeling	Blistering then peeling	Burn then peeling	Rare burns	Never burn
What degree do you brown?	Hardly/not at all	Light tan	Reasonable tan	Tan very easy	Turn dark brown quickly
Do you brown after several hours of sun?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Resistant	No problem

Total score for reaction to SUN EXPOSURE: \_\_\_\_\_

## TANNING HABITS

Score	0	1	2	3	4
When did you last expose your body to ANY type of sun?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always

Total Score for GENETIC DISPOSITION: \_\_\_\_\_

Total Score for reaction to SUN EXPOSURE: \_\_\_\_\_

Total score for TANNING HABITS: \_\_\_\_\_

**SKIN TYPE GRAND TOTAL SCORE:** \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Medical Director: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_